

PACKING LIST

OVERNIGHT RIVER TRIPS ON THE LOWER SALMON AND HELLS CANYON

All equipment to keep you safe and comfortable on your overnight trip is included and provided by Salmon Raft. You will receive two dry bags (overnight and daytime) to keep your personal items safe and dry while you're on the water. Salmon Raft provides all camping gear (tent, sleeping pad, sleeping bag), and meals beginning with lunch on day one, ending with lunch on the last day.

OVERNIGHT BAG:

This large bag will not be accessible during the day - it will be waiting for you at camp.

- Dry clothing to change into at camp
 - Fleece or other insulating jacket for evenings
 - Sweatpants for evenings
 - Cotton clothing is ok at camp
 - Shorts & t-shirts
 - Undergarments & socks
 - Dry shoes (flip-flops, other sandals, or sneakers)
- Clothing for the next day(s) on the water
 - Fresh swimsuit (or rewear from day prior)
 - Quick-drying clothing to wear over swimsuit
- Toiletry items
 - Toothbrush/toothpaste
 - Aloe or other lotion after sun exposure
 - Hairbrush
- Items for bathing in the river
 - Biodegradable soap, no conditioner
 - Small towel
- Nighttime items
 - Small pillow (Salmon Raft does not provide pillows)
 - Headlamp, flashlight, or solar-powered lantern
 - Twin-sized fitted sheet to cover your sleeping pad (*optional*)

DAYTIME BAG:

You will have this smaller bag with you in the raft for easy access during the day.

- Reusable water bottle (insulated is best)
- Sunscreen
- Chapstick
- Camera or phone for photos
- Rain jacket & rain pants (for splashes or inclement weather)
- Medications
- Fleece jacket or other insulating layer
- Carabiner for water bottle (*optional*)
- Ladies: feminine products and sealable bag for trash items
- Binoculars (*optional*)

WHAT TO WEAR ON THE RIVER:

- Quick-drying or breathable clothing (no cotton)
- Swimsuit
- Hat with a brim
- Sunglasses with retention straps
- Sturdy footwear (sandals)
- *Early season trips (May through mid-June) or trips with cold weather forecasts: neoprene booties (optional), insulating layers (fleece or synthetic), and waterproof rain gear*

EXTRA NOTES:

- Disposable water bottles are not provided, but we supply endless fresh drinking water to refill your own water bottle.
- Please avoid bringing valuables, like jewelry or fragile items. Salmon Raft is not responsible for lost or damaged personal items.
- Salmon Raft provides a hearty lunch, daytime snacks (granola bars, crackers, etc.), and canned drinks to enjoy throughout the day while on the river. You are also welcome to bring your own snacks to put into your daytime dry bag.
- Are you allergic to bees? Please remember your EpiPen!

GEAR RECOMMENDATIONS:

- Retention straps (Chums) for your sunglasses can be purchased at our Boathouse (adult and youth sizes).
- Recommended footwear brands: Teva, Chaco, Keen, or similar. Please wear something that will stay on your feet. No flip-flops on the river, and you cannot be barefoot in the rafts. Hikes can be done with your river footwear.
- Insulated water bottles (Hydroflask or similar) will keep your water from getting warm in the sun.
- Ladies: quick-dry shorts and shirt over your swimsuit will help with comfort. Men: swim shorts are recommended.
- Sunshirts or clothing with UPF is great for full-coverage sun protection, especially for kids.
- We recommend Dr. Bronner's biodegradable soap for river baths at camp (good for use as shampoo and body wash). If you need conditioner, please use a spray/leave-in type instead of one that requires rinsing in the river.
- Small camp towel: Save space with a packable, quick-drying microfiber towel.
- It's helpful to pack overnight items in a soft-sided duffel bag so that your items aren't loose in our very large dry bags.

DRY BAG DIMENSIONS:

- Overnight dry bag dimensions - quantity one per person: 110 liters - 16" diameter x 33" height
- Daytime dry bag dimensions - quantity one per person: 25 liters - 9.5" diameter x 21.5" height

